



ANDHRA PRADESH SILAMBAM ASSOCIATION



Affiliated to All Indian Silambam Federation
Recognized by School Games Federation of India

B.V. Narasimha Reddy
President

Rishi Raja Varma
Secretary

R. Sandeep
Treasurer

Date

MEMORANDUM OF UNDERSTANDING

MEMORANDUM OF UNDERSTANDING (MoU)
Between

ANDHRA PRADESH SILAMBAM ASSOCIATION
Sangadigunta, Guntur

and

The Department of Physical Education
ST. ANN'S COLLEGE FOR WOMEN
Gorantla, Guntur, Andhra Pradesh.

This Memorandum of Understanding (MOU) sets for the terms and understanding between ANDHRA PRADESH SILAMBAM ASSOCIATION Sangadigunta, Guntur and The Department of Physical Education, ST. ANN'S COLLEGE FOR WOMEN, Gorantla, to contribute to the growth and development of Silambam(Karrasamu) - Martial Art in Guntur District.

Purpose :

This MoU was made for giving training to the girl students in Silambam(Karrasamu) also called as the stick fight, is an ancient form of sport primarily used for self-protection, popular in the state of Andhra Pradesh. This art focuses on the development of student's physical, mental, and moral aspects. It aims to improve an student's total health and well-being. By this MOU both parties will also explore their joint approaches and the activation of an enhanced Corporate Social Responsibility (CSR) relationship with other institutions



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Theme :

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“ Silambam(Karrasamu) is about discovering a path between Self-Protection and self-control, perseverance, and the pursuit of excellence” .

The sport, has been gradually gaining popularity amongst the masses who usually prefer karate or taekwondo. Originating from Tamil Nadu, where it is called Silambam

Objectives

The following are the objectives and various qualities inculcated in a person who pursues Silambam:-

- Self-Discipline
- Improving Focus and concentration
- Sharpening the Memory
- Working as a Team, Control and Patience
- Physical Fitness
- Developing Physical, Mental and Emotional Balance
- Coordination of the mind and body
- Etiquette and Manners, Self Defense skills.

Functions :

- Organizing Karrasamu Classes in the scheduled time given by the Management.
- Participation in State/National level Competitions.
- Providing Employment opportunities and best caliber in their life.

Duration

This Memorandum of Understanding is at will and may be modified by the mutual consent of the ANDHRA PRADESH SILAMBAM ASSOCIATION Sangadigunta, Guntur and The Department of Physical Education, ST. ANN'S COLLEGE FOR WOMEN Gorantla, Guntur, Andhra Pradesh. This Memorandum of Understanding shall become effective from the date of its approval by competent authorities at both ends and the duration of this MOU shall be for a period of 5 years from the effective date i.e. 22nd March 2022.



G. S. Lakshmi
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